# Lesbian Jottings 1970-2010 Sharon Deevey

# Lesbian Jottings 1970-2010

by Sharon Deevey

### Credits

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Sharon, age 3, photo by Barbara Holbrook Journals 2009, photo by Sharon Deevey Sharon, age 64, photo by Patte Burgoon

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### Dedication

for Joan

on the 40<sup>th</sup> anniversary of our first kiss

with thanks, as always, for being there when I was ready

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### Introduction

When I felt overwhelmed, I wrote.

When I felt thrilled, I wrote. At first I
wrote in the laundromat, on scraps of paper
bags, or on semi-blank pages from a
magazine left lying by the dryers. I started
to write in 1970, the year I came out as a
lesbian. My life was full of shock, and at
first, of secrets.

Until then I had been the most ordinary of girls, the oldest child in a middle class, Republican, New England family. Except for the frequent moves for my father's work-- and being the last in town to get television -- we were the most mainstream family imaginable. Mom was

at home. Dad wore a gray suit and a maroon-striped tie, and rode the train to work. We three girls were dropped off on Sundays at the nearest Protestant church. My parents saw religion as culture, not faith, and chose convenience over conviction.

As a child I read constantly, including at age eight, *The Diary of Anne Frank*, which I found among my grandmother's books. At age 14, I went to Northfield School for Girls, a boarding school in Massachusetts, where I reveled in daily chapel and, like every student in the school, took my turn sharing the domestic work of cooking, cleaning, and gardening. At age 17, I won a scholarship

as an exchange student for a year at

Malvern Girls' College in England. At age

19, I went to Swarthmore College near

Philadelphia.

At Northfield, I first saw the films of the Nazi concentration camps, and in England, I watched Jack Kennedy back the Russians out of Cuba. At Swarthmore, I painted run-down houses in nearby Chester, and marched on the mall in D.C. against the Vietnam War. The first year after college, I taught a one-room school in eastern Kentucky, and married my college sweetheart.

But nothing prepared me for 1970.

That year, I volunteered in the Women's

Liberation Office, a block from our

apartment, and taught part-time at Sidwell Friends School. My husband worked at the Institute for Policy Studies, and on Sundays we played softball with his colleagues, who were intellectuals and radicals all. The adults we admired had all been assassinated: Jack and Bobby Kennedy, Martin Luther King. In Ohio, at Kent State, the National Guard gunned down students just barely younger than we were.

On April 20, 1970, I first made love with a woman. At first that fact seemed no more life changing than anything that came before. But when I came down off the high of coming out, I no longer fit anywhere anymore.

The time of secrecy was brief. I was bubbling over with joy, amazement, and naiveté. Then so quickly, my parents were appalled, my employers eager to let me go, and the Furies Collective urgently purging those of us they labeled middle class. I wasn't sure who I was, where I lived, or how I would support myself. Within the culture of lesbian-feminist nonmonogamy, I wasn't even sure which woman I loved most or who loved me. And so I wrote, in short lines I called poetry -- love poems, lust poems, and "who-the-hell-am-I?" poems.

By 1978, I had moved to Cleveland to go to nursing school. I took a course called "Management of Self", which

required keeping a journal. Beginning that year, I kept all my jottings: my notes from 1970, and commentaries on my jobs, learning, and lovers.

I got more organized and wrote consistently in little notebooks I carried in my purse or pocket. Then I stapled each set of small pages, jotted over tea or between home visits, into spiral bound notebooks, one per year. I wrote when I needed to cry, or cuss someone out.

In 2008, at age 63, I joined a
Writing-as-Healing group led by Jeannetta
Holliman at the Gillie Senior Center in
Columbus, Ohio. Jeannetta recommended
I read a 1999 book called *Harvesting Your Journals* by Deerheart and Strickland. On

my bed I laid out thirty spiral-bound colored-cover notebooks, stuffed with little pages. Most of the writing was narrative, letters I wrote to myself about how to manage life in its increasing complexity: not just lovers, lost lovers, and politics; not just a job or two, but a career, and career changes; not just the roller coaster of emotion, but the insistent malfunctions of the body.

From these journals, I have reached for the words in shortest format, the poems jotted at emotional peaks or valleys: the words about desire and hatred that no proper New England girl should ever feel, much less reveal. Growing up, I learned first and foremost what was proper. I

learned about courage, which my family called grace under pressure. I expected I would have five children and drive a station wagon with pseudo-wood paneling on the sides. I knew little of the variety of ways humans make love and families.

My coming out surprised me as much as it surprised those around me, as lesbian life in 1970 was usually hidden within the mainstream culture. I could find nothing in the public library to read about women who loved women. In the National Archives and the Library of Congress where I reviewed the historical papers of women who lived in pairs, I found no details, no maps, for how to live the

suddenly more complex life I had jumped into with such delight.

The void of information inspired me to keep writing, to save my jottings, and eventually to make plans to donate my notebooks to the Lesbian Herstory Archives after my death. I did not until recently consider sharing such personal experiences during my lifetime. Those of us who have been lesbian activists have worked hard to persuade the world that lesbian women are not sinners, not criminals, and not mentally ill. In the process, we sometimes hide our very ordinary pain and sadness, fearing our truths will contribute to homophobia, and be used against us, or against other queer

folk like us. But we too are only human, with our share of relationship problems and physical illness, as well as, if we are lucky, our portion of joy and delight. I am glad be aging now in an era of emerging LGBT pride, openness, and publication, where I have the option to tell the truth to anyone eager to listen.



## 1970's

# thoughts on traveling while the bus broke down

suspended in between Boston and Hartford and nowhere memories mixed with fantasy where are we going?

sleeping and dreaming watching, awake where are you? who am I? to travel is to multiply life by itself

I think of you fragmented a part of your body a moment a word

I cannot hold your wholeness except in your name when I say it out loud

tell me, my sister in struggle, my love --when even the greyhounds break down when I am not afraid of poems when you and I are not afraid to love can the revolution be far behind?

### for Joan

sometimes when I am exhausted I half-wish for a serene and steady love without the pain without the struggle when I was ordinary I could love and be loved like that and be satisfied

but that was before women began to make a revolution before we saw we had to fight to change, to love, even to survive

I have told myself that loving you is like living on top of a volcano but that is wrong it is like, and is living in the midst of the revolution raging, hurting, fighting fury

without the rage we cannot destroy the past without the joy we cannot build the future

you are the rage and the joy the anger and laughter you have freed me from an ordinary half-life of plastic Amerikan serenity because of you because of us I am a revolutionary woman

### magic quilt

magic quilt
déjà vu
we could have a women's center
a bulletin
why, if every woman
paid one dollar
we'd be rich
and every month
EK sends one dollar

we could share the work
we could have
another meeting
pass around the yellow sheet
"do people feel
we could do that?"

and in the pause GB whispers "am I a lesbian?" hell, darling I don't know that's what I wonder about you

"so are you a lesbian?" you ask yes, I am, and so are you but still we're different if I knew how or why we could sort out many things

it's interesting
that here you would touch me
and I wouldn't want it
I'm not very comfortable
here in this office
once my home

how did I get from here-there to here-now?

the details of the office miss the essence how out of meetings did we learn to love?

how from a renewed conquest of the details can more of us learn to love?

what if you said out loud, proud and strong I am wondering if I am a lesbian could you please run an office and put out a bulletin to help me find the answer? friends and strangers fourteen women my new life, sitting in the room of my old life

but maybe almost as much has happened in the lives of all these women once my sisters now mostly distant

information ennui communication "what really is the substance of D.C. Women's Liberation?"

would each group please report OOB, Maryland, abortion the lesbians report we are learning to love

## before Chincoteague

wrestling on the kitchen floor is crazy I want to go away with you

last night
I let myself
have fantasies
and learned
to touch myself

there was music rhythm I danced and saw myself small slim woman moving to the accent of your drum tall full-breasted woman I danced, you drummed until we ached with the dancing drumming drumming desire and fell together in the rhythm dancing drumming with our bodies against each other with each other together each other together

#### revolution

what if we turn out to be just like the daffodils and the old communist party

awakening, blooming bursting forth

life force yellow spring vision red communist vision lavender gay vision joy, strength, struggle

fading from the effort dying inevitably

daffodils and the revolutionary element part of the seasons the cycles revolution really means round and round

our notion that we will win is illusion

spring will come again who will come after us?

## one night

Annabelle so little I know of you

milk any time of day coffee, very sweet with lots of cream

skilled hands and a businesswoman's mind ex-lover of my ex-lover

you say a woman loved you with confidence and made you feel good

I reach for your body pretending confidence and find you beautiful

# 1980's

# thanksgiving

my nurse is my cornucopia

when I am weary, or hurting, or frightened I turn to her

and from her bookshelves her file drawers her computer her own life she pours forth to help me

try this read this trust yourself

I hear you, I've been there

and suddenly through the exhaustion of my latest effort

I see, I celebrate the harvest of my life

#### an everyday shero

the self-doubting shero feels like a fraud she'll always tell you she's fine when in fact she's a mess

obsessed with lust, her dead cat and her lesbian cause she enters grantsmanship contests she'll never win instead of working for money then buys books and more books to console herself for failure after failure

she indulges her rescue fantasies wishing she alone could save nursing from its anti-feminist history, rigidity, and animal research

"mid-life irresponsibility" conclude two different counselors her numerous friendships seem tenuous at best

some days the everyday shero struggles against self-pity

to regain her vision

# homosexual panic

I saw the lust light in your golden eyes

my sudden wet ache menaced all I had arranged so neatly

### public display

you did not flinch from me on High Street when I reached to take your hand

it seemed so easy, so natural I wondered even, had you reached for mine

you let me claim you, lesbian lover on the streets of Columbus, Ohio flaunting a kiss at the watchful eye of the security camera

such a thrill of pride

today I wonder, did I withdraw in bed from my long-term lovers in part, not on purpose when each withdrew from me in public

men, in contrast, allow themselves to pee in parking lot corners

tears of pent-up outrage, hurt, gratitude fall on the folded laundry

I had forgotten you joked of kissing in public in January outside the Red Door Tayern

# paper napkin

give me a goddamn piece of paper

such a roller coaster of fear, despair, hope, and joy

if this is being in love it's no wonder I avoided it and married my friends

#### the last breakfast

I.

of the 20 knives
I picked one
that looked vaguely more familiar
maybe it lived in my drawer
while I lived with a previous love

oh, no, she says, that's mine and offers instead

canned kidney beans and the Tender Vittles of our dead cat

I feel pissed and hopeless trying to divide possessions I always ignored anyway yet see each utensil, each can as coins I could save for a new computer

we chatter, and weep without confrontation and eat too many sausages

I think I have no right to offer comfort then can stand it no longer I hold her and ask permission to tell her it was my best season so far she loved me better than the others before we were companions and equals and I did hope for forever we gave away the duplicates

she is clear now
she wants a forever woman
to share her home
and we both acknowledge
this happened now
only rather than later
that I would have balked
on the threshold of buying a house

I know no explanation my heart wandered I crave, depend on change

my dread of crime and chronic illness now in abeyance I am eager for time and living alone

I imagine, aging renting an acre, building an A-frame on the land of my new lover a place to return after traveling to the ample bosoms of women who love me

to the one I love now who never will ask that I love her exclusively way too late it is for me to love anyone exclusively

#### II.

we make progress packing together our old side-by-side friendship habits remind us, we still care

suddenly, off the phone she is sobbing I'm sure my punishment has happened someone important is dead

no, no it is only that she told her mother that I'm leaving and her mother, who supposedly doesn't know is for once appropriate supportive without prying offering to visit

#### III.

she says she will miss my parents

who gave her lesbian validation as their daughter's lover

eventually she asks to help me carry all the stuff to my new place and offers three of the knives we plan how to lend each other camping equipment

my friend, now my ex
I need your friendship
and my lover, new lover
when they put the knife to you tomorrow
let it be a healing skillful knife

in my own way I will love you both for my forever

### driving to Logan

leaving the city
I watch the seasons change along the road that takes me to you

the blue eyes of chickory among the tow-headed grasses in the June morning light

the shimmering green intensity of full summer with tall purple accents whose name I do not know

the emergent gold and startling ruby sumac of early autumn

I greet the rogue tree solitary on the high horizon as I turn off the highway

eager for you I take in the energy of sun and wind and roadside weeds

I feel the healing rhythms of country guitars the seasons, and your touch

### graphic arts

I try to tell you how it feels when you make love to me

I tell you I see post-orgasmic images

rose buds opening time-lapsed under your fingertips

Japanese gardens delicate and tough pale silks and water-flowing paintings of flowers and branching

the Smithsonian merry-go-round colors of childhood summer a slow motion musical whirl of riding up and down on a ceramic horse

what do I feel? ache and ecstasy reaching and release tumbling urgent wanting

as I move into a rhythm focusing under your mouth against your hand pressing against the pressure of your body

do this to me, woman keep this building aching joy going

let me hear the intake of your breath

let me feel the sure soft hard eager touch of your strong fingers

let me taste and smell the scent of our dripping lust damp on the nipple of your full breast in my mouth

more, baby, more god, oh, god, don't stop

til, yes, now, I spill over the liquid slide of coming, weeping, weeping

I reach to find your face, your eyes, to connect again returning from the crashing somewhere else of orgasm to hear you say, in words, I love you

I lie across your abdomen and whimper with the wonder of continuing aftershocks

I savor the exhaustion the re-quickening of desire wanting to plunge my mouth into your wetness

now, woman, I want your turn

#### Mexico

while you are gone I see that the threads of our separate lives are not tightly interwoven

I manage very well for even without you the fabric of my life is rich and varied

a textured pattern of women creative work and the slow healing puttering of spring break

we are not two halves of a whole cloth torn asunder

rather, you are a missing thread a single strand in my life's complexity

but like a stocking with a run in it

your glaring absence distracts me from the rest

# hanging in

the sparkling enjoyment of our early romance has ended

we meet for lunch in public places we speak as awkwardly as estranged family avoiding the pain between us hesitant to acknowledge what we have lost confused about the how and why it happened

I cling to joy to sweet appreciation of our time together

I fear most the pollution of our memories as we fight our way toward redefinition

you will always be

the one I wanted and pursued the first one I loved in mutual recovery the one who took my hand and helped me storm from the confines of my closet

the one who eased me into fullest pleasure the one for whom I wrote a million words—in all, a process that delighted me

you taught me showed me more than any other how to hear each other how to comfort, how to care

but now there is no comfort

I wait, at your request with fading patience

I feel the cold cloud of distance, irritation and distrust between us

the irony is
I learned from you
not to take avoidance
and unhappiness
for granted

## another August

these days I think of love as light

an energy force in nature

a gift given differently over time to us all

energy that varies in amount and kind

the coziness of glowing coals the fierce fiery power of the sun

steady or explosive flickering unpredictably fading out only when rigidly boxed

reappearing without warning wherever there is life

# 1990's

## top dog

the woman in charge reminds me of a costly steak knife

with a sleek handle tawny and smooth and a glinting blade sharpened long ago on an unknown steel

when she is on your side she is quick, accurate powerful in a few strokes

and you think thank god, I have this resource

when you disagree (as many do)

her strength becomes a weapon sheathed from sight as though in the hands of a street punk menacing the unaware who stroll in the urban eve

those she has mugged stay angry

hypervigilant, uneasy

it is not clear if such is just the cost of urban life

or if, perhaps, there is an alternative

## shaggy dog stories

after I see you it takes all my energy to shake you off and get back to my own life journey

like a shaggy dog soaked to the skin caught in a sudden thunderstorm startled by the lightning heart-pounding from the crashing cloud-collision pourings of our contact

I have to plant my feet throw my force into the shaking fling the droplets in every direction again and again

until suddenly I am free free to do whatever I'd been doing whatever else I'd been enjoying

until the next time when I'm drenched by wanting you

#### sacred paths

if you miss me when I'm gone look for me in Sharon Woods

I'll be striding near you on the trails sitting on the benches watching birds pausing mid-step as we come upon the deer

look for me especially in the snow on Martin Luther King Day remember I, like he fought for justice

seek me not below the ground release my body into fire

and feel my spirit among the trees that bear my name

my kind of urban woods these are within the sound of traffic close to fabric stores and libraries and places to dance near the busy communion of multi-cultures and neighborhoods of queers

I told my counselor today for years I was sad and scared feeling the heavy burden of lesbian stigma

trying to settle in mid-western suburbs where two-girl couples sought their closet safety

for a long time I lost track of my vision of my needs

lately, I feel loved and find my place reclaiming an identity of radical loved by others finally who respect me as I am

what made me weep today was claiming right out loud my own courage

# without apology

what made me smile, later, was walking in the snow in Sharon Woods thankful for finding my own way

knowing my spirit has found peace once again in struggle

knowing you will be here when I am gone through some eternity

knowing we will find each other seeking justice caring for each other through all the days and nights of our forever

## Sunday brunch in Trivialand

four two's gather: thin with thin tall with tall tight with tight fear with fear

they greet each other take their sit-here-by-me seats nod approval to each other

congratulations to the cook the breakfast is superb

congratulations to each two so proudly pair-secure

never mind the car-caged en route quarreling now smoothed over

never mind the seething sexless, restless sleep now denied

in the prolonged lull, one says in silky mock concern I wonder if you've heard the news

in unison they turn and snarl enraged at signs of life or lust or love within their view

enraged at difference boldness, strength

they feel self-satisfied disdain superior in their shunning of the newest Other

the subject changes quickly too disturbing pass the pasta please my dear let's talk instead in pleasantries

I see them patterning lesbian-couple-closet lives in echoes of their hated mothers

tight with tight fear with fear

how did I escape?

fling

Radclyffe Hall reminds us the simple solutions like marrying in June aren't always the answer

a pleasure to laugh at regained perspective as once we did before listening to Meatloaf

you continue to bring me joy unexpected delight

even though I hate not touching you and hate windows that open and close too quickly

I'm glad you're in the neighborhood

I'm glad you put your bike and your wooden dick in my face

I just wish you would again

#### vanilla

I.
you ask me to define
what it is
to be emotionally present
during sex

it's when we let our souls touch briefly, shyly, hungrily watching each other's eyes

it's when two hot streams of lava melt between us from the mutual eruption of volcanic coming together

it's when we call each other by name not just fuck me, baby but fuck me and then speak my name

in my mind I hear you sigh in answer Sharon oh my Sharon because just at the moment no one else will do

it's when the flowers of our bodies open eagerly toward each other's light and we are one together and one with the universe

it's when the images

of work and others and bills and should-haves fade to nothing because you know you're safe, and home in the electric focus of my love for you

it's when we cling together after coming weeping for no reason except that just for now the loneliness is less

II. the exquisite joy of emotionally present sex I know only as vanilla

but it could surely be a top and bottom gift

roles make clear who starts then blur in the blending bond

technique and toys contribute unless they are distraction

fantasy intensifies fun unless you're lost in it

pain adds acuity unless it hurts too much

laughter sustains it smile after chuckle after grin

latex adds respect an anchor's grounding safety

fixed resentment kills it and thoughtless repetition lets it die

III. being present is not a prison nor even a promise

you can let your mind wander and be less present, as soon as you must

it's just a few moments of real connection that you never regret and don't forget whatever the future brings

IV. that's my definition for you

I know it may never happen between us but I hope when you are old you'll know what I mean and remember such connections in the thousands

# 2000-2007

### vanity

the woman you let love you will want to know your scars

she won't be seeking adolescent boobs in B-cups

when she is looking for protrusions to suck on she will slowly unclip the back of your left earring and take your earlobe in her mouth

she will want to feel the story of your skin as complex as your thirty years of dancing

you will take her hand and press it to your chest with the lights on

you will show her ridges, and the skin flap of less than perfect surgery she will watch you guide her hand over the gift of your openness

she will feel under her fingers the bumpy road to joy

### barking up the wrong tree

no sex, no photos, no circuses
I fully consented to your limitations

amidst laughter and walking waltzing, and swing

I thrilled to the touch of your affectionate hands the lilt of your answering voice on the phone you seemed so happy with me

I clung to hope, and to my shock I wanted to marry you

proud in public to be your valued companion or content in private raking leaves

but you do not want me as you remind me every six months when foolishly I ask again

you claim not to see your own erotic exuberance

so I will try one last time to believe you

I will rip Cupid's arrow from my anguished back cleanse the wound and move on without you

if I succeed, we might truly be friends

### nursing home

I laugh in the bathtub trying to let her go

I picture myself at eighty wandering room to room down institutional halls

looking for scars so hard to see through the bathrobes of white-haired crones

did anyone here survive a mastectomy? would you let me touch your scars?

I cannot forget my scar-chested dancer

I loved her in what I thought was my old age decades ago

we claimed to be friends

the soft full chests of other eager lovers failed to distract me

I should have run an ad while still I had the time

lusty aging femme seeks cancer survivor must lead in dancing must want a collie dog

#### last dance

you always hated dandelions and squirrels you seemed to see me also as vermin in your would-be perfect world

I could not be the slinky model that you craved but nor was I the menace that you pushed away

in happy times we laughed and wept savoring what was left of simple life bogged down in aging illness

our strongest bond was rock and roll which pulled us both up from despair

four years
I followed you on the dance floor grinning ear to ear body whirling body joy to joy

from the first day we danced I wanted to follow you home

now you're done and ask me not to call so you can fight your demons by yourself

now, at last
I dance alone
amidst the dandelions
celebrating squirrels
and the reminders
of our imperfect connection

### ode to my recliner

out in the world I smile and look normal

but in private
I must plug myself into my recliner
like an electric car
with a run-down battery

carefully I drag myself home unsafe with exhaustion after just an ordinary day collapsing into my chair in grateful silence at last escaped from the glare and the over-stimulating crowd

my spirit is still revving dreaming and hoping

but my energy is drained slowed to molasses leaving me weeping and filled with despair

I must sit and sleep and snack and sit and sleep and sit

until the energy juice begins to flow again it is a mistake
to get up too soon
the stairs call me to tumble down
the trees pull my car toward a crash
and inside I scream at everyone I love

I must wait I must wait I must wait

til the thin trickle of energy becomes a bead or two even a chip

most people get 45 chips of energy a day I am lucky to have seven in a day, thirty in a week

I sit in my chair trying to remember this used-up, hate-all, hurt-everywhere brain fog will lift, briefly but reliably

if I can be patient

I will again laugh and love sew and dance if only for a third of a day at a time

I will never have evenings if I have mornings always I have to choose I can have part of a quality life (certainly better than none) but only if I recline more than half of everyone else's day

yes, I perceive that people want more from me than I have to give because I myself want more from me than I have to give

only sheer stubbornness and the lack of easy exits prevent my giving up

so I plug in
put my feet up
take it half a day at a time
too tired to read
too frazzled for TV
too weak to knit

do you know...
I hope that you know:
between my re-chargings,
I so much delight
in your company

#### friends like these

I'm tired too I wish you'd be more positive

I'm tired too you are lucky you can sit all day in your recliner

I'm tired too you're lucky you aren't working

I'm tired too you're lucky you lost your house and got money you should share with me

I'm tired too I think I'll kill myself, unless you have the energy to talk me out of it

I'm tired too we're both just getting old

I'm tired too stop whining stop scaring me

I'm tired too start being the woman you used to be the one who loved me the one who listened to me the one I relied on to feed me, to make me laugh whenever I was tired

I'm tired too and I don't want to hear another word about your FATIGUE!

# 

### imagine a life pain-free

the pain from my torn asshole lacks the glamour of pain from an old football injury

when I was sixty one doctor looked and said she saw several scars confirming that I'd had repeated tears she assumed from constipation

but no, I am the diarrhea queen and have rarely known hard stool

I'm just small there
I have too narrow a passage
for significant bulk
constricted probably by the chocolate cysts
of endometriosis on the bowel

when I was twenty-six my doctor told me: sit in the bathtub and stretch your anus with your fingers or else, he said, you will have trouble as you age

he was kind in his own way so I couldn't be too angry when he greeted me always, "hello, my little homo patient"

how many asshole tears does it take to leave indelible tracts of pain?

pain I ignore pain I never medicate each pain pill I tried sickened me worse than pain

so rectal pain is just the usual body scream I carry with me packed in with menstrual agony sore and fragile feet blazing headaches limping joints world-weary fatigue

pain? what pain?

I am a femme dyke internalizing "don't ask, don't tell"

I am brave eldest daughter of stoics from New England

like generations before me I know how to smile with a stiff upper lip and a positive attitude I can carry on without complaint without a visible flinch without an audible moan

I have preferred my silence and my privacy rather than admit to pain

in part because I learned physicians can't help loved ones feel burdened

so I keep my sanity, my self-esteem by refusing to complain

I follow my mother's dictum (at least about pain): if you can't say something nice, don't say anything at all

how can I imagine a pain-free life until I learn to stop denying pain?

when still I suspect my denial is in fact my salvation

### years later

still I dream of you
with mild emotion
two people
lying among many in a crowded space
like an emergency shelter
I dream the effort I make
not to wake you
not to disturb you
as you sleep

in the morning I feel only quiet surprise that still you haunt my nights

in daylight
I am finally more clear

you are gone the person who was so happily my companion is gone, finito, no more

the fact that you live and breathe and work still on this planet confused me at first

allowed me to hope that chance meetings careful patience divine intervention pure good luck might bring you back

my hope for your return was hard to kill reluctant to die

most days now I can remember with less anguish

the dancing innocence that was our time of joy

### ode to my too-recent ex

sweet foxy woman so capable and lovely to look at

sadly I saw you pay attention only to your own agenda

you intend to be the most loving the most generous person in the entire world as long as you get your way

you have a rare ability to ignore everything but your own version of yourself

you see nothing hear nothing happening around you

you say the most insulting things with sweetest affection

you have a glib answer to every asked and unasked question

for so long I was compelled by your contradictions

I still half wish I had been strong enough or wise enough to weather your storm break-up: my side

at first she let me glimpse the sweet woman-child hiding behind the high walls of her harried life

between eager kisses when we were both more than surprised by mid-life touching, holding our friendship blooming unexpectedly into romance

she told me briefly such sad truths

parents full of secrets constantly enraged until her mother broke when she was fifteen

still a child herself she then stepped in to manage home and family

lonely at school hiding home life hiding homosexuality silent mostly, she says she was silent until she found success (if not happiness) in athletics

now she shuts out feelings with the constant din of TV sports

now she works endlessly relentlessly trying to buy freedom from pain

at home alone her tightly stacked cupboards hold food to feed a hundred her piles of papers are all neatly sorted her lawn is mowed her brand new porch is perfect

no time for idle chat work and objects so much safer more controllable than the inevitable conflict of only-human romance

I kept fighting to reach the woman-child I touched but she had vanished

guarded fiercely by an intensely capable and sullen adolescent a stern and silent princess who makes assumptions jumps to conclusions refuses adult conversation

so she can work and work every day all day

reinforcing the walls of her sad isolation

break-up: her side

she was fun at first and helped me

she walked the dog made my breakfast went with me to church waited at my house for the carpet cleaner when I had to be at work

she wanted me to talk to her but she never liked what I had to say

she was tired all the time overreacted to everything so easily injured by my playful jabs

I wasn't getting much out of it

I called it off because I knew she'd leave me

### crash day episodes

head pain, severe exhaustion, wipe-out hunger, constant scared, again sadness, familiar

usually following a stretch day a fun day a connected day

I have made my life as small as possible

the job is let go the house is sold the romance is ended

in my small apartment I can rest now without interruption

but I do not feel better

I still have that awful feeling sick, hungry, hurting, done more than half the time on my good days I have creativity in short sequence

I still impact the world volunteering for AARP

but some days, finally I am depressed and have no energy to telephone the many friends I barely care to see

I step outside onto my flower-filled bird-feeding balcony and know I have many reasons to be happy

and happy I am between episodes, all too frequent episodes

meds make me worse physicians are hostile reflexology helps some day after tomorrow

I tried Western Medicine they are confident I am crazy

I tried psychology they admire my excellent mental health coping with a tough situation I tried alternative healing they recommend to Pollyanna me developing a more positive attitude

why not anger? it seems wasteful to be angry

anger takes energy exactly what I lack

I still have an amazing life fascinating characters skills to write and sew databases to search objects of beauty and nature, my true companion

but the crash days demand grace and resilience that return only

as the blazing headache clears as my energy trickles back

with solitude with time with rest

### hear me speak

find your many voices says my teacher identify your internal characters

finding different voices helps you create fiction teaches you to stretch, describe, imagine

I, defensive, claim at first
I have only ONE voice
as present and authentic as I want to be

and yet I know that on the phone others hear my many moods

some will comment on my puny whispers of exhaustion, or my eager planning when I'm well some can hear my tight non-telling of the truth

so I step outside myself to look to listen for my different voices

there is little Sherry Driver always pushing such a responsible oldest girl firstborn from New England get it done get it right get approval get yet another college degree

and there's the Stranger-loving Diner dyke feeding all who come caring and insightful seeking others' stories

but very soon both little Sher and Diner dyke are all worn out all that's left is Sit-all-Day, dead battery drifting too ill, too low-energy to care about anyone or anything

Sit-all-Day morphs
(unless I pay attention)
into Self-pity Diva:
if only I had concentrated
I would have been a winner
I demanded solitude
I preferred to read, to rest, to write
I drove them all away
where are they now?

Shopping Demon pulls me from my chair thank goodness drags me to the thrift store where finally Seeker Designer saves the day curious, creative, what can I sew? sense of wonder, joy in nature again I see a future

once again I am the Scholar Diplomat: well-traveled and well schooled selectively silent, observing

or laughing, irreverent Silly Devil easily amused by puns and errors

Solomon Asch's\* Daughter has returned and finally I remember: the emperor has no clothes I can disagree with the crowd I can speak the truth, or not, in many voices

but, a post script for you: be alert for Sullen Doormat she will growl or vanish if she feels you step on her!

<sup>\*</sup>Solomon Asch did social psychology research on group pressure and conformity at Swarthmore College

# rectal pain

my body wakes me, 5 AM determined to discard its stool NOW! RIGHT NOW!

the tissue of my anus telescopes out shooting razor blades into the bowl

I lose my breath

see a light show in my mind

grip the rails that prop me up

easy, easy, I hear myself say aloud

easy, easy panting, whispering

stretch, let go stretch, let go

through my shrinking hole past the chocolate cysts of endometriosis

today, for once there is no blood

only the toilet full: remains of Tuesday's lunch gouged on one side by the exacto knife of bulging hemorrhoids

weak with fatigue in pain up to my bra-line

I pull my body up to face the day

no blood today:
I will skip the sitz
save the costly Analpram,
bypass the Tylenol
I fear and hate

soon I will drink cold toxic gallons to prepare my aging tubes for one more scope

I expect that I will be declared again perfectly normal

and, no doubt,
"preoccupied with my bowels"
the code words for
"help is not available"
short of surgery and a pouch

#### out to lunch

I take my gaggle of voices out to dine and listen to them argue when the server kindly brings the list of choices

So-long Deprived breathes sighs of joy just to be out eating in a restaurant recovered from an Illness Decade eating only bland at home -she'll have one of everything

Save-a-Dollar barges in ruling out the all but cheap cheap, cheap, cheap! says I can pick among only three that cost the least

Spreading Dumpling sticks up her hand points out that cheap is full of carbs and fat she's requesting salad, protein, fruit

Sensuous Desirer whispers quickly in my ear:

try that foreign, curried one the one that makes you think of scarves and bangles mysterious caravans approaching in the night

Speed-seeking Drinker begs for coffee promising its false and eager energy even knowing how it grabs your bowels

Slowly Dying, (aren't we all, but just not soon enough) urges me to make my choice:

who wins?

# 

## sing in the new year

I emerge at times like an old cuckoo bird from the hidden recesses of my clock

briefly chipper conversational

a mechanical copy of the spirit in flight I used to be

my performance entertains the moment

convincing no one

no longer on time no longer reliable

the winding weights drift onto the floor

the little door creaks shut as again I hide broken and sad

ready to exchange this wooden box for another

#### rural casino

the auctioneer invites you to his trance and captures you with sing song as your hope for bargains leaps

his penetrating eyes flicker to you sensing your desire to win at any cost

his eyes then flicker to the other blocking what you want

flicker, lock on you flicker, lock on him the rhythm quickens

I win he wins I win he wins wait, another tries to grab it now

heart rates up hypnotic warbling holds all in its grip

temptation, desire temptation, desire

until, to your great surprise

you empty your pockets for junk

#### wounds

37, graduated, RN license, childhood dream, Cherry Ames accomplished

the door of each home opens, welcomes strangers tell their secrets always something new to learn sports-free, I now relish being on a team

thread a rectal thermometer through bouquets of hemorrhoids patient screaming

wash testicles swollen to grapefruits patient moaning

side-step skin flakes rising from the floor vent as the heat turns on patient scratching

rinse maggots from her throat not yet dead patient staring

despite the delights perhaps I am too delicate a flower to be a nurse

## energy envelope attack

such a lovely day with you as we talk and laugh and understand each other

but suddenly I am exhausted overwhelmed, uncomfortable with sensory stimulation

the heat is melting me the light glares harsh the sound pounds loud your welcome touch burns my skin

I need to leave now I need to flee

regretfully, so regretfully, I abruptly depart tearful and tense

shaking, I drive myself home to the cool silent safety of my austere and lonely solitude

where I can do nothing nothing, nothing, nothing but sleep

## evolution

friendship is fragile evolving with time and age once close, then gone

baffled by your denial entrenched in pursuit I failed to see the change

you despise me now but still crave my admiration you seem livid if ignored

let go and let god I can't guess your reasons I will accept and move on

it takes a long time to feel the relief of losing angry friends

## selfish

a person with self-centered self-hate thinks only about what she fancies others think of her

deeply attached to persistent insecurity she imagines the world always watching her

she thinks anyone who loves her judges her less-than-perfect sewing skills or sees only what she calls her fat and ugly arms

no reasoned argument can free her from her self-obsession with her so-called flaws

listen to her when she says (with something like delight)

I-I-I I'm a failure, and I'm fat

I-I-I can't hear you, won't hear you

I-I-I can't think, won't think about anything but myself

I-I-I can't grow, won't grow

I-I-I am quite comfortable here staring at myself wrapped so tightly in my familiar failure and my fat

nothing you can do or say will budge me

I-I-I refuse to listen

in fact I hate you even more than I hate myself so it is useless trying to love me

I-I-I will never let you even like me

go away leave me alone

why you have abandoned me?

# Sunday stroll

under the cover of looking old we walk arm in arm in the park propping each other up along the woodland path

we admire Lenten roses early tulips and the bright Easter garb of squeaky children

I feel my hip pressed against your hip as it was in the night

after you came so quickly when finally I touched you

such sweet sounds seared into my soul

I bet no one suspects you are caressing my breast with your elbow

# giving thanks

on a Saturday we went shopping for shoes

two old women glad to be friends looking for comfort and bargains

when we stopped for a snack of walleye and coleslaw I saw you watching behind me

look, you said, we forgot to say grace

I turned and saw over my left shoulder

a man and a woman arms stretched to each other heads bowed, lips murmuring

they were both Diane Arbus odd wounded each much more likely to have been there alone

you could see reasons for gratitude

I want to be like them remembering grace day by day meal by meal

I want to say: for our time together for this food we are able to eat I, yes, we, are truly grateful

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## **Archival Resources**

Sharon Deevey's multidisciplinary lesbian health library (including 200 monographs and 600 articles) was donated in 2004 to the Lesbian Health Research Center @UCSF, Laurel Heights Campus, Institute for Health & Aging, Suite 340, Box 0646, San Francisco, CA 94143.

Documents from the Cleveland and Columbus, Ohio chapters of Cassandra: Radical Feminist Nurses Network were donated in 2004 to the Medical History Library at Pryor Health Sciences Library at The Ohio State University.

Sharon's journals and photograph albums will come to rest at the Lesbian Herstory Archives in New York, New York.

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Change), where together we taught ourselves to celebrate aging.

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